



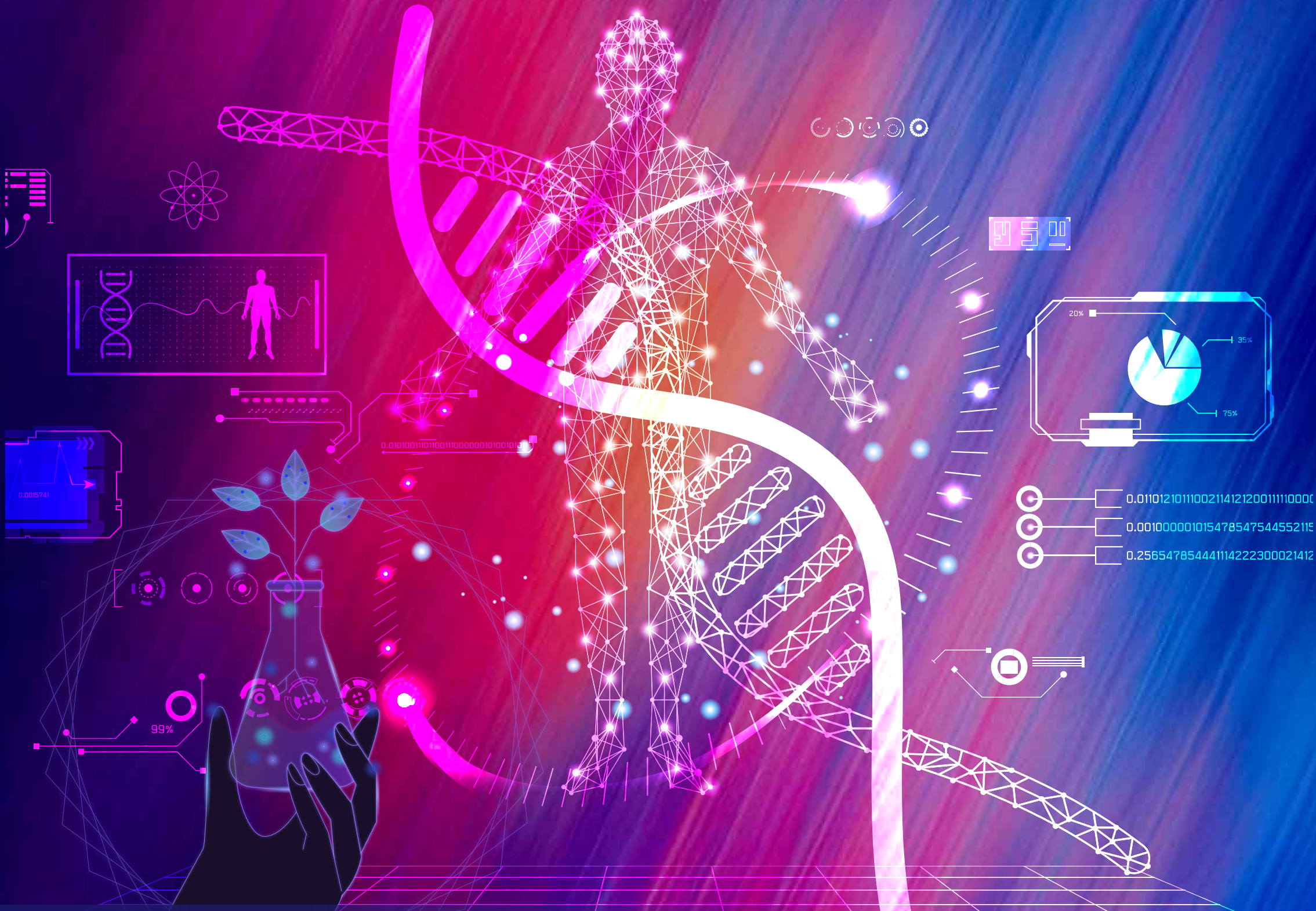
LOWED

2ND INTERNATIONAL CONGRESS ON LONGEVITY, REGENERATIVE THERAPIES & SUPPLEMENTS

Innovative and Academic Psychofunctional Medicine Congress

November 14-16, 2025

Wyndham Grand Levent Hotel
İstanbul/Türkiye



ORGANİZASYON SEKRETERYASI
FIGÜR KONGRE ORGANİZASYON SERVİSLERİ TİC. A.Ş.
19 Mayıs Mah. 19 Mayıs Cad. Nova Baran Center
No: 4, 34360 Şişli / İstanbul
Tel: 0 212 381 46 00 • Faks: 0 212 258 60 78
E-mail: lowed@figur.net

www.lowedkongre.org



14 NOVEMBER 2025 – FRIDAY

HALL A		HALL B	HALL C: LOWED INTERNATIONAL
09:00–10:40	SESSION 1: SYSTEMIC LONGEVITY: DYNAMICS OF LIFE EXTENSION BETWEEN BODY, MIND AND CELLS Session Chairs: Hasan Serdar Gergerlioğlu, Bayram Özağaç	SESSION 1: (CERTIFIED COURSE) UROSEX COURSE: Master Certification Course in Andrological and Urosexological Surgeries Session Chairs: Eyüp Burak Sancak, Volkan Bulut	09:00–09:20 The Use of Acupressure for Wellness – Duncan Lawler
09:00–09:20	Longevity and Aesthetic Medicine: Is Youth Only About Appearance? – Bayram Özağaç	09:00–09:20 Functional Anatomy of Male Sexuality – Çağrı Doğan	09:20–09:40 How Can We Improve Longevity with Acupuncture? – Isabel Giralt Sampedro
09:20–09:40	Longevity and Female Sexual Health – Erol Karakaş	09:20–09:40 Functional Physiology of Male Sexuality – Cem Başataç	09:40–10:00 Exosomes in Regenerative Medicine, Aesthetics, and Longevity: A New Frontier– Majid Ebrahimi Warkiani
09:40–10:00	The Role of Hormones in Longevity: DHEA, Testosterone, Estrogen – Burcu Çetinkaya	09:40–10:00 Mechanism of Erectile Dysfunction, First-and Second-Line Treatments – Tansu Turgut	10:00–10:20 Using Acupuncture to Improve Long-Term Health And Develop Resilience – Beverley De Valois
10:00–10:20	Erasing the Marks of Time: Cellular Repair and Longevity with Exosomes – Tunç Akkoç	10:00–10:20 Mechanism of Premature Ejaculation, Medical Treatment Options – Alper Dırık	10:20–10:40 Five Reasons to Needle: An Anatomically Orientated Approach to Acupuncture – Jonathan Hobbs
10:20–10:40	Aging Cells, the Silent Threat: Shared Biological Grounds with Cancer – Murat Baş	10:20–10:40 Diagnosis and Treatment of Male Hypoactive Sexual Desire – Yusuf Selim Kaya	
10:40–11:00 EXHIBITION BREAK – COFFEE BREAK			
11:00–13:00	SESSION 2: LONGEVITY THROUGH PERSONAL CODES Session Chairs: Fatma Coşar, İdil Topaloğlu	SESSION 2: (CERTIFIED COURSE) UROSEX COURSE: Master Certification Course in Andrological and Urosexological Surgeries Session Chairs: Tansu Turgut, Özer Ural Çakıcı	11:00–11:20 Targeting Inflammation with Cannabinoids: Emerging Therapeutics and Translational Insights – David Hogg
11:00–11:20	Osteopathic Approach in Regenerative Medicine – Gülsemin Ertürk Çelik	11:00–11:40 Cosmetic Urology (Filler Applications Under Local Anesthesia: Glans Penis Augmentation, Penile Girth Enhancement) – Taner Çavumirza	11:20–11:40 Myofascial Trigger Points, Central Sensitization and Neuro-musculoskeletal Pain – Jay Shah
11:20–11:40	Love in the Time of Cholera or Nuclear Life – Uğur Batı (Keynote Speaker)	11:40–12:20 Cosmetic Urology (Surgical Procedures: Phalloplasty, Suspensory Ligament Release, Injection of Abdominal Fat Tissue Beneath Penile Skin) – Özer Ural Çakıcı	11:40–12:00 Mental Healthspan: The Missing Pillar in Longevity Medicine – Rahul Kackar
11:40–12:00	Acupuncture and Libido in Longevity – Murat Topoğlu (Keynote Speaker)	12:20–13:00 Three-Piece Inflatable Penile Prostheses and Revision Surgery – Eyüp Burak Sancak	12:00–12:20 Acupuncture-Based Immunomodulation: Mechanisms and Interventions – Miltiades Y. Karavis
12:00–12:20	From Silent Trauma to Biological Damage: How Do Cells Remember, How Does the Body Heal? – Fatma Coşar (Keynote Speaker)		12:20–12:40 Dr. Unconscious: How Hypnosis Rewires the Brain for Lasting Change – Tobias Schwartz Blass
12:20–12:40	Self-Continuity and Psychodynamic Longevity: Is It Possible to Break Repeating Patterns? – Cem Keçe (Keynote Speaker)		12:40–13:00 Erectile Dysfunction in the Aging Male: Andrological Treatment Modalities – Vusal Pirverdiyev
12:40–13:00	Satellite Symposium		
13:00–14:20 EXHIBITION BREAK – LUNCH BREAK			
14:40–16:20	SESSION 3: BIOLOGICAL FOUNDATIONS OF LONGEVITY: MICROBIOTA, CELLULAR CLEANING, AND REGENERATION Session Chairs: Melih Gündüz, Yaşam Kemal Akpak	SESSION 3: (CERTIFIED COURSE) WEKOSDER COURSE	14:20–14:40 Pharmacogenetics/Pharmacogenomics: Transforming Therapy Through Individualized Medicine – Hanifi Soylu
14:20–14:40	Satellite Symposium	14:40–15:00 Psychosocial Longevity: Meaning, Connection, and Loneliness – Tuna Tüner	14:40–15:00 Investing in Longevity: An Assessment of the Landscape and the Potential – Ben Lenail
14:40–15:00	Prebiotics, Probiotics, Postbiotics, and Synbiotics – Yaşam Kemal Akpak (Keynote Speaker)	15:00–15:20 Self-Awareness as a Key to Longevity – Melis Aygen	15:00–15:20 Longevity and Hypnotherapy in the Age of Artificial Intelligence – Fabio Carnevale
15:00–15:20	Clinical Updates in Stem Cells and Regenerative Medicine – Emrah Töz	15:20–15:40 The Invisible Dimension of Longevity: Spiritual Regulation, Acceptance and Inner Peace – Deniz Arslan	15:20–15:40 Peptide Therapy in Anti-Aging and Regenerative Medicine – Kalpana Shekhawat
15:20–15:40	Telomeres and Lifespan: Science Fiction or Reality? – Ahkam Göksel Kanmaz	15:40–16:00 When Should I Train? & The Biological Clock: Understanding the 24-Hour Rhythm – Emrah Özdemir	
15:40–16:00	Microbiota and LGG: 2025 Update – Ahmet Demir	16:00–16:20 Stages of the Self and the Human Journey – Güçlü Metin	
16:00–16:20	Functional Gynecology – M. Ferdi Kinci		
16:20–16:40 EXHIBITION BREAK – COFFEE BREAK			
16:40–18:20	SESSION 4: SUPPORTIVE APPROACHES IN LONGEVITY: FUNCTIONAL, PHARMACEUTICAL, AND BIOCHEMICAL STRATEGIES Session Chairs: Reyhan Aliusta, Belma Gümüşel	SESSION 4: (CERTIFIED COURSE) PARENTERAL TREATMENTS COURSE	
16:40–17:00	Physical Activity, Exercise, and Longevity – Serap Özgül		
17:00–17:20	Functional Medicine Approaches in Children: Microbiota, Nutrition, and Epigenetics – Reyhan Aliusta		
17:20–17:40	Managing Longevity with Cellular Support Products (Curcumin, Coenzyme Q10, PQQ) – Belma Gümüşel		
17:40–18:00	Iodine and Longevity – Hasan Hüsnü Eren		
18:00–18:20	Longevity Pharmacy: Personalized–Magistral Product Preparation Processes and Regulations – İsmail Aslan		



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15 NOVEMBER 2025 - SATURDAY

HALL A

09:00–10:40	SESSION 5: SEXUALITY AND EMOTIONAL HEALTH IN LONGEVITY: LOVE, ATTACHMENT, AND WELL-BEING Session Chairs: Merve Olgun, Oğuz Çelik
09:00–09:20	Orgasm and Longevity – Merve Olgun
09:20–09:40	Sexuality and Health: Contributions of Regular Sex to Well-Being and Longevity – Nurgül Ulusoy
09:40–10:00	Attachment, Passion, and Communication in Marriage and Their Effects on Well-Being – Bilge Uzun
10:00–10:20	The Neurobiology of Love: Dopamine, Oxytocin, and Attachment – Tuna Tüner (Keynote Speaker)
10:20–10:40	Fracture in the Mirror: Resistance to Time, Aesthetic Interventions, and Dysmorphic Perception – Fatma Coşar

HALL B

SESSION 5: (CERTIFIED COURSE) NEURAL THERAPY COURSE – Mustafa Karakan

10:40–11:00 EXHIBITION BREAK – COFFEE BREAK

11:00–13:00	SESSION 6: COGNITIVE PERFORMANCE AND NEUROTECHNOLOGY: THE NEUROBIOLOGICAL PATHWAY OF LONGEVITY Session Chairs: Eyüp Burak Sancak, Oğuz Çelik
11:00–11:20	The Formula of the Future: Therapeutic Potentials of Nanoparticles – Gökçe Özdemir
11:20–11:40	Neurotechnologies and Cognitive Performance: Neurofeedback, tDCS, and Beyond – Sabri Yurdakul
11:40–12:00	Maintaining Balance: Holistic Lifestyle Approaches – Oğuz Çelik
12:00–12:20	Brain–Gut–Microbiota Interaction: Mood and Neuropsychiatric Health – Hülya Kayhan
12:20–12:40	Psychodynamic Longevity: Understanding the Past, Reestablishing Well-Being – Cem Keçe
12:40–13:00	Satellite Symposium

SESSION 6: (CERTIFIED COURSE) THE EFFECT OF ACUPUNCTURE ON OBESITY Murat Topoğlu

13:00–14:20 EXHIBITION BREAK – LUNCH BREAK

14:20–16:20	SESSION 7: CLINICAL REFLECTIONS OF LONGEVITY: FROM FUNCTIONAL INDICATORS TO REGENERATIVE TREATMENTS Session Chairs: Alper Dırık, İlker Çelen
14:20–14:40	Satellite Symposium
14:40–15:00	Longevity Assessment in Clinical Practice: Functional Laboratory Parameters – Zafer Yönden
15:00–15:20	Regenerative Cardiology: Reprogramming Heart Cells – Nevrez Koylan
15:20–15:40	Testosterone in Women: Endocrine Function, Clinical Reflections, and Longevity Context – Alper Dırık
15:40–16:00	Regenerative Neurology: Promising Developments in Alzheimer's and Parkinson's Disease – Gökçen Hatipoğlu
16:00–16:20	Regenerative Urology and Longevity: Regenerative and Exosome–Based Applications in Sexual Health – İlker Çelen

SESSION 7: (CERTIFIED COURSE) ECDER COURSE Session Chair: Reyhan Aliusta

14:20–15:20	Homeopathy and Individual Healing: Macro Effects of Microdoses – Sebati Bilgiç
15:20–15:40	Safe Use and Compounding of Bioidentical Hormones: The Pharmacist's Role – Öznur Parlak
15:40–16:00	The Rising Role of the Pharmacist in Personalized Health: A Longevity Perspective – Şule Erdoğan
16:00–16:20	Effective Management and Counseling Strategies in Sexual Health Product Category in Pharmacy – Ahmet Altınbaş

16:20–16:40 EXHIBITION BREAK – COFFEE BREAK

16:40–18:20	SESSION 8: FUNCTIONAL NUTRITION AND PERSONALIZED SUPPLEMENTATION STRATEGIES Session Chairs: Özlem Demirci, Ece Evcil
16:40–17:00	Longevity, Obesity, and Supplements Used in Obesity Treatment – Can Keçe (Keynote Speaker)
17:00–17:20	Chronobiological Nutrition: Supplementation Planning Based on Circadian Rhythm – Murat Baş
17:20–17:40	Supplement Use in Pediatric Age: Supporting Healthy Growth with Functional Foods – Melike Yücel
17:40–18:00	Choosing the Right Supplement with AI and Genetic Testing – Kadir Demircan
18:00–18:20	Leaky Gut Syndrome: Food Sensitivities in Modern Life – Zeynep Paylı

SESSION 8: (CERTIFIED COURSE) AROMATHERAPY COURSE Session Chairs: Hülya Kayhan, Kevser Köş



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16 NOVEMBER 2025 - SUNDAY

HALL A		HALL B	
09:00–10:40	SESSION 9: EXTENDING LIFE WITH MIND AND BODY: HOLISTIC APPROACHES TO LONGEVITY Session Chairs: Mustafa Çay, Recep Dursun	SESSION 9: (CERTIFIED COURSE) REten COURSE: Cosmetic and Aesthetic Applications Course – Alparslan Tekiner	
09:00–09:20	Aging or Growing Wise? Psychological Age and the Search for Meaning – Bengisu Olgun		
09:20–09:40	Identity and Roles in Old Age: Parenthood, Productivity, Freedom – Arzu Hisarvant		
09:40–10:00	The Power of Hypnotherapy on the Well-Being Journey: Spiritual and Mental Transformation – Recep Dursun		
10:00–10:20	The Effects of Chronic Stress on Hormones and Personalized Longevity – Tijen Ataçağ		
10:20–10:40	Narrative Therapy: Rewriting Our Life Story – Mustafa Çay		
10:40–11:00 EXHIBITION BREAK – COFFEE BREAK			
11:00–13:00	SESSION 10: LONGEVITY FROM SCIENCE TO CLINIC: INTEGRATION OF REGENERATIVE AND FUNCTIONAL APPROACHES Session Chairs: Müfit Cemal Yenen, Nurgül Ulusoy, Fatma Eskicioğlu	SESSION 10: (CERTIFIED COURSE) PSIKODER COURSE: Family Constellation Course – Tuna Tüner	
11:00–11:20	Satellite Symposium		
11:20–11:40	Stem Cells and Ten-Pass Ozone for Longevity – Hasan Hüsnü Eren		
11:40–12:00	Longevity 360°: Nutrition, Supplements, and Holistic Approaches in Cellular Regeneration – Burak Aydın		
12:00–12:20	Integrative Oncology: Mind-Body Medicine, Quality of Life, and Hope – Murat Baş		
12:20–12:40	Microbiota-Based Personal Support Strategies: From Science to Personalization – Meltem Yalinay		
12:40–13:00	Satellite Symposium		
13:00–14:40 EXHIBITION BREAK – LUNCH BREAK			
14:40–16:20	SESSION 11: CLINICAL NUTRITION, METABOLIC HEALTH AND LONGEVITY STRATEGIES Session Chairs: Reyhan Aliusta, Atıl Aktaş	SESSION 11: COSMETIC GYNECOLOGY APPLICATIONS (Video-Supported Course)	
14:20–14:40	Satellite Symposium	PART 1: Cosmetic Gynecology and Sexology Session Chairs: Hüseyin Cengiz, Cihan Kaya	
14:40–15:00	Staying Young or Living Long Healthily? Ethical and Clinical Boundaries – Atıl Aktaş	14:40–14:55	Intervention on Risky Ground: Planning Cosmetic Gynecological Procedures in Patients with STIs – Ozan Doğan
15:00–15:20	Nutrition Models Supporting Longevity: Scientific Foundations and Clinical Practices (Caloric Restriction, Intermittent Fasting, mTOR Suppression, Metabolic Responses) – Murat Baş	14:55–15:10	The Border Between HPV and Aesthetics: When, How Much, and How? – M. Murat Nak
15:20–15:40	The Role of Functional Foods in Cellular Repair: Polyphenols, Omega-3, Coenzyme Q10 – Burcu Demir	15:10–15:25	Beyond the Fistula: Sexual Dysfunction and Cosmetic Approaches After Vesicovaginal and Rectovaginal Fistulas – Eray Çalışkan
15:40–16:00	Macronutrients and Longevity: Balancing Proteins, Fats, and Carbohydrates (Animal vs. Plant-Based Proteins, Omega-3, Glycemic Load and Cellular Stress) – Ece Sarı	15:25–15:40	The Anatomy of Touch: The Effect of Genital Filler Applications on Sexual Quality – Sevtap Hamdemir Kılıç
16:00–16:20	Cellular Balance Through Nutrition: Is It Possible to Manage Autoimmunity? – Zühal Cevahir Taşkın	15:40–15:55	Aesthetic Approaches to Dyspareunia: Aesthetics, Therapy, or Surgery? – Pınar Kadiroğulları
16:20–16:40	EXHIBITION BREAK – COFFEE BREAK	15:55–16:05	EXHIBITION BREAK – COFFEE BREAK
16:40–18:00	SESSION 12: MIND-BODY UNITY AND PSYCHOSOCIAL LONGEVITY Session Chairs: İdil Topaloğlu, Mustafa Çay	PART 2: Non-Surgical Applications in Cosmetic Gynecology Session Chairs: Murat Yassa, Yusuf Başkiran	
16:40–17:00	Stay in the Moment, Live Long: Longevity through Mindfulness – Bilge Uzun	16:05–16:20	Cervical Erosion and Aesthetic Surgery: Approach and Follow-Up – Aşkı Ellibeş Kaya
17:00–17:20	The Future of Cognitive Longevity: Clinical Perspectives, Technology, and Human Experience – Hasan Serdar Gergerlioğlu	16:20–16:35	Womanhood Perception After Difficult Births: Perineal Repairs and Aesthetic Approaches – Sezen Bozkurt Köseoğlu
17:20–17:40	Longevity and Sleep: Melatonin, Circadian Rhythm, Mitochondrial Health – Dilara Tekden Kirgiz	16:35–16:50	Biological Contributions of Genital PRP, Lase and Exosomes to Sexuality – Kübra Bağcı
17:40–18:00	Societal Traumas and Body Memory: Clinical Effects of Osteopathic Interventions – İbrahim Mayda	16:50–17:05	From the G-Spot to the G-Shot: Myth or Medical Reality? – Erhan Cömert
		17:05–17:15	EXHIBITION BREAK – COFFEE BREAK
		PART 3: Cosmetic Gynecology Video Session Session Chairs: Kerem Doğa Seçkin, Ayşegül Bestel	
		17:15–17:30	Filler and PRP Applications in Sexual Dysfunction – Sezen Bozkurt Köseoğlu
		17:30–17:45	Vaginoplasty and Labiaplasty: New Approaches in Aesthetics – Erhan Cömert
		17:45–18:00	Revision Labiaplasty with Flap Surgery – Pınar Kadiroğulları

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Social Program

14 NOVEMBER 2025 - FRIDAY

20:15-20:30

Opening Remarks – Cem Keçe & Fatma Coşar

20:30-24:00

An Intimate Evening & Traditional Meyhane Night

15 NOVEMBER 2025 - SATURDAY

08:00-09:00

Longevity Exercises with Noyan Dülek – Noyan Dülek

20:15-20:30

Closing Remarks – Cem Keçe & Fatma Coşar

20:30-24:00

A Night at Dersaadet: LOWED 2nd Anniversary Party

16 NOVEMBER 2025 - SUNDAY

08:00-09:00

Longevity Exercises with Noyan Dülek – Noyan Dülek

ORGANİZASYON SEKRETARYASI



Figür Kongre Organizasyonları ve Tic. A.Ş.

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No:4, 34360 Şişli / İstanbul

Tel: 0 212 381 46 00 - Faks: 0 212 258 60 78

E-mail: lowed@figur.net